



SCECINA MEMORIAL HIGH SCHOOL

An Archdiocese of Indianapolis Catholic High School
5000 Nowland Ave., Indianapolis, IN 46201
317-356-6377 www.scecina.org

2020-2021 Athletic Reopening Plan

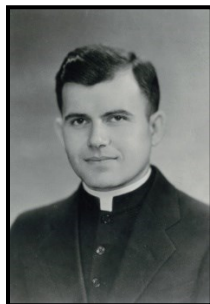
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Scecina Memorial Fight Song

Come on Crusaders fight for dear old Scecina.
Take this game in great victory and fight....fight...fight...fight for Scecina Memorial High
Say win, we can, so here we go again say S-C-E-C-I-N-A

Come on Crusaders fight for dear old Scecina.
Take this game in great victory and fight...fight...fight...fight, for Scecina Memorial High.



Fr. Thomas Scecina

SCECINA MEMORIAL HIGH SCHOOL MISSION STATEMENT

Scecina Memorial High School, established by the Archbishop of Indianapolis, is a coeducational Catholic college and life preparatory school that motivates our diverse and gifted community of students to attain educational excellence, be lifelong learners, and live as servant leaders in the inspiring footsteps of Father Thomas Scecina.

VISION

Welcoming all who desire our Catholic education, we are the school of choice for students and families seeking unique moments to learn, grow, and go forth to transform the world inspired by the light of Christ.

OUR CORE VALUES

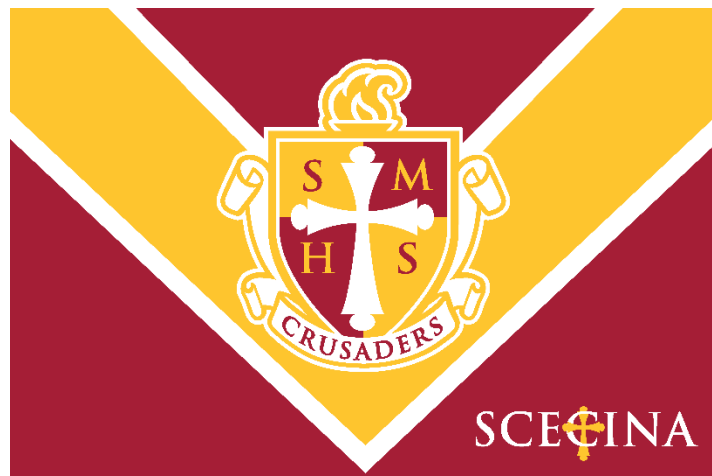
Inspired by our Lord Jesus Christ and his servants Father Thomas Scecina and the Sisters of Saint Francis, we embrace:

Vocation: Honoring and living according to the unique gifts that God has given us in keeping with the teachings and values of the Catholic faith.

Servant Leaders: Following Jesus' example of meeting people's needs and helping them fulfill their highest destinies.

Stewardship: Receiving, cultivating, and sharing God's gifts gratefully and generously.

Excellence: Living the Gospel and attaining the best possible results in all that we do.



ADMINISTRATION

President.....Mr. Joe Therber
 Interim Principal.....Mr. David Dellacca
 Dean of Students.....Mr. Mark Paras
 Athletic Director.....Mr. Jason Kehrer
 Director of School Counseling.....Mr. Josh Orndorff
 Assistant Principal.....Mr. Jesse Purvis
 Director of Admissions.....Ms. Miriam Medina
 Vice President for Finance.....Mrs. Cindy Hemmelgarn

CONTACT INFORMATION

School Main Number.....317-356-6377
 Office of the President.....317-356-6377 ext.1301 (jtherber@scecina.org)
 Office of the Principal317-356-6377 ext.1116 (ddellacca@scecina.org)
 Office of the Dean of Students.....317-356-6377 ext.1122 (mparas@scecina.org)
 Office of the Athletic Director.....317-356-6377 ext. 1111 (jkehrer@scecina.org)
 Office of School Counseling317-356-6377 ext.1119 (jorndorff@scecina.org)
 Office of the Director of Admissions.....317-356-6377 ext.1311 (mmedina@scecina.org)
 Office of the Vice President for Finance.....317-356-6377 ext.1310 (chemmelgarn@scecina.org)




**SCECINA MEMORIAL
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Scecina Memorial Athletic Reopening Plan

	Phase I	Phase II July 20th - August 14th		Phase III
	July 6th - July 19th	July 20th - August 2nd	August 3rd - August 14th	August 15th
School Facilities	Campus is open to essential personnel and participants only. Everyone on campus must practice physical distancing and wear face coverings as prescribed below at all times.	Campus is open to essential personnel and participants only. Everyone on campus must practice physical distancing and wear face coverings as prescribed below at all times.	Campus is open to essential personnel and participants only. Everyone on campus must practice physical distancing and wear face coverings as prescribed below at all times.	Campus is open to essential and non-essential people. Everyone on campus must practice physical distancing and wear face coverings as prescribed below at all times.
Individual Athlete Participation	<p style="color: red;">15 total hours on campus per week</p> <p>4 (four) conditioning sessions are allowed per week for the athlete. An athlete can attend 1 (one) two-hour conditioning session per day.</p> <p>Each sport can have 2 (two) conditioning sessions per week lasting up to three hours per session. The same sport may not occur on consecutive calendar days.</p> <p>All summer activities are voluntary.</p>	<p>Scecina activities are allowed for as many hours as is reasonable without restriction of time. Proper safety and health measures is required.</p> <p>Girls Golf official practice begins on July 31st</p> <p>All summer activities are voluntary.</p>	<p>Fall sports practices begin. Traditional IHSAA rules and regulations apply. Proper safety and health measures is required.</p>	<p>Fall sports competitions begin. Proper safety and health measures is required.</p>
Drop Off and Pick Up Procedures	<p>Parents are not allowed to stay and watch practice. When dropping students off, parents must leave campus after drop off. When picking students up, parents must wait for their children in their vehicle prior to departure. Cross Country students will be dropped off and picked up in front of the blockhouse. Soccer will be dropped off and picked up at the baseball field. Volleyball and basketball will be dropped off and picked up at Door 3 (east gym lobby). Football will be dropped off and picked up outside of the blockhouse. Tennis students will be dropped off and picked up at the top of the hill at Ellenberger Park next to the swimming pool.</p>			

Face Coverings	Athletes must wear a face covering at all times (drills, conditioning, etc.), if doing so is not a health risk to self and others. Any injured or sidelined player will be required to wear a face covering while on campus. Coaches are to wear a face covering when possible.	Athletes must wear a face covering at all times (drills, conditioning, etc.), if doing so is not a health risk to self and others. Any injured or sidelined player will be required to wear a face covering while on campus. Coaches are to wear a face covering when possible.	Athletes must wear a face covering at all times (drills, conditioning, etc.), if doing so is not a health risk to self and others. Any injured or sidelined player will be required to wear a face covering while on campus. Coaches are to wear a face covering when possible.	Athletes must wear a face covering at all times (drills, conditioning, etc.), if doing so is not a health risk to self and others. Any injured or sidelined player will be required to wear a face covering while on campus. Coaches are to wear a face covering when possible.
People allowed to be in attendance	Essential personnel ONLY - No parents, spectators, vendors, or media. All on campus must practice physical distancing and wear a face covering.	Essential personnel ONLY - No parents, spectators, vendors, or media. All on campus must practice physical distancing and wear a face covering.	Essential personnel ONLY - No parents, spectators, vendors, or media. All on campus must practice physical distancing and wear a face covering.	Parents, spectators, media, and vendors can be present and must practice physical distancing and wear a face covering.
Alternate Command Structure	Command structure for coaching staff must be established in case of illness.	Command structure for coaching staff must be established in case of illness.	Command structure for coaching staff must be established in case of illness.	Command structure for coaching staff must be established in case of illness.
2020-21 Athletic Physical Status	<p>All athletes must have the following forms on file with the Athletic Office prior to participating in any team conditioning or gathering:</p> <p>A. 2020-21 IHSAA Physical OR a valid 2019-20 IHSAA Physical</p> <p>B. IHSAA Health History Questionnaire Consent & Release Certificate</p> <p>C. Archdiocese Health and Safety Plan Form (English version) / Archdiocese Health and Safety Plan Form (Spanish version)</p>			
Screening and Attendance	<p>Athletes and coaches are to answer and submit screening questions at home prior to arriving on campus each day. Below is the website to use on a daily basis for performing self-screening prior to coming to campus: https://scecina.org/athletics/athleticreopening/. Use the link for the sport in which the athlete participates. The screening tool and questions are universally accepted as appropriate screening questions for possible COVID-19 infection as well as for the health and safety of the public in the State of Indiana. The areas of focus for the screening tool come from the Indiana's Considerations for Learning And Safe Schools (IN-CLASS) document published by the Indiana Department of Education (IDOE) and the Indiana High School Sports Association (IHSAA). Our athletic trainer and head coaches will use a tracking log published by Franciscan Health Sports Medicine to monitor athletes while on campus. The screening tool used by students while at home uses the questions from the Franciscan Health Sports Medicine Tracking Log. If the student does not pass the screening, the athlete is expected to stay at home and away from campus. If the student does not pass the screening while on campus, the student will be sent home immediately. In either case, failing screening at home or on campus, the student is not allowed to return to campus until cleared through measures identified in the IN-Class document on pages 9-10. Each sport head coach is responsible for monitoring the athletes' health condition while on campus for the athletic event. The athletic trainer will be available at most times to assist in assessing athletes and coaches while the athletes and coaches are on campus. Scecina's athletic director and athletic trainer will train all coaches on safety measures and screening techniques. Each head coach is responsible for recording and submitting tracking information to the athletic director. If a student is sent home, the athletic director shall inform the school's principal and/or president within 24 hours.</p>			

COVID-19 Symptoms	Any person with COVID-19 symptoms is referred to his or her primary care provider, sent home immediately, and not allowed to participate or back on campus until cleared through measures identified in the IN-Class document on pages 9-10 . The list of symptoms are those found on the Franciscan Health Sports Medicine Symptom Tracking Log used by all of Seccina's coaches, the athletic director, and the athletic trainer.			
Locker Rooms	Locker rooms are closed. Coaches can use locker rooms to store equipment, but coaches are the only personnel allowed to enter the locker rooms.	Locker rooms are closed. Coaches can use locker rooms to store equipment, but coaches are the only personnel allowed to enter the locker rooms.	Locker rooms are open. Physical distancing is enforced. Locker rooms and meeting rooms are at 50% capacity. Locker Room and 50% capacity is listed below: Football – 35 Boys Varsity - 15 Boys PE - 10 Girls PE - 10 Girls VB/BB - 7 Baseball/soccer-10	Locker rooms are open. Physical distancing practices are enforced. Locker rooms and meeting rooms will be at 50% capacity. If during sporting events the 50% capacity recommendation creates a hardship and impacts the health or safety of students, a 50% or greater capacity will be allowed.
Athletic Trainer	Athletic trainer will be outside (under a tent) when weather is permitting. If the weather does not permit, the trainer will be found in the north gym lobby. The trainer will be physically distancing while treating athletes. Priority will be given to athletes with immediately upcoming practice. The Athletic Training Room will be used by appointment only.			
Gathering Sizes	Decreased as much as possible to reduce risk - 50% capacity in large areas (weight rooms, wrestling rooms, etc....)	Decreased as much as possible to reduce risk - 50% capacity in large areas (weight rooms, wrestling rooms, etc....)	Decreased as much as possible to reduce risk - 50% capacity in large areas (weight rooms, wrestling rooms, etc....)	Decreased as much as possible to reduce risk - If the 50% capacity creates a hardship the health and safety of individuals, 50% or greater capacity will be allowed.
Equipment	If equipment must be shared, the equipment must be disinfected, using recommendations from the Center for Disease Control (CDC) and the 6 Steps for Safe and Effective Disinfectant Use published by the Environmental Protection Agency (EPA), prior to use and immediately following use.			
Student-Athlete Responsibility	Students are expected to shower at home after practice, wash workout clothing immediately after returning home, and wash hands with warm water and soap for a minimum of 20 seconds after handling workout clothing. Coaches may choose to wash clothing and gear on campus.			
Weightlifting	No exercises requiring a spotter are to be conducted. Physical distancing is practiced. No more than 25 student-athletes in the weight room at a time. Shared equipment must be disinfected prior to use and immediately following use. The coach in the weight room is responsible for	Free weight exercises requiring a spotter can be conducted. Physical distancing is practiced. No more than 25 student-athletes in the weight room at a time. Shared equipment must be disinfected prior to use and immediately following use. The coach in the weight room is responsible for	Free weight exercises requiring a spotter can be conducted. Physical distancing is practiced. No more than 25 student-athletes in the weight room at a time. Shared equipment must be disinfected prior to use and immediately following use. The coach in the weight room is responsible for	Free weight exercises requiring a spotter can be conducted. Physical distancing is practiced. No more than 25 student-athletes in the weight room at a time. Shared equipment must be disinfected prior to use and immediately following use. The coach in the weight room is responsible for

	the disinfecting of equipment before and after usage.	the disinfecting of equipment before and after usage.	the disinfecting of equipment before and after usage.	the disinfecting of equipment before and after usage.
Contact Sports	Contact is NOT allowed per the National Federation of High School Sports (NFHS) and the guidelines established by the Indiana High School Sports Athletic Association (IHSAA) in the IN-CLASS documentation.	Contact is NOT allowed per the National Federation of High School Sports (NFHS) and the guidelines established by the Indiana High School Sports Athletic Association (IHSAA) in the IN-CLASS documentation.	Contact is allowed as defined by Indiana High School Athletic Association (IHSAA).	Contact is allowed as defined by Indiana High School Athletic Association (IHSAA).
Hydration Stations	No use of shared personal drinking hydration stations (i.e. water fountains that are designed for a person's mouth to be directly in the stream of water). Personal water bottles/jugs are required. One member of each coaching staff will be in charge of filling up water bottles at designated location, if needed. Recommend athletes bring personal large water bottle/jug, filled, to campus each day.			
Competition	Competitions with other schools are prohibited.	Competitions with other schools are prohibited.	Competitions with other schools are prohibited with the exception of Girls Golf without spectators (8/3/20). (Formal competition is considered an in-season contest.)	Formal competition allowed for all Fall sports.
Facility Cleaning	Coaches are responsible for disinfecting the sport equipment, weight room equipment, and lockers. Custodial staff will disinfect the floors (weight room and playing surfaces). The disinfecting process must use recommendations from the Center for Disease Control (CDC) and the 6 Steps for Safe and Effective Disinfectant Use published by the Environmental Protection Agency (EPA), prior to use and immediately following use.			
Individual Athlete Gear and Equipment	No sharing of clothing, shoes, towels, or water bottles/jugs.			
Appropriate Clothing	All athletes must wear appropriate clothing and shoes at all times. Shirts are required at all times.			
Transportation	Transportation is not provided by the school at this time.	Transportation is not provided by the school at this time.	Transportation is not provided by the school at this time.	Players and coaches are required to wear face coverings while on the bus. Drivers are required to disinfect the seats after the players exit the bus. Seating charts will be upheld and recorded.

Boys and Girls Basketball

The following rules, in addition to what is detailed above, are required to be followed by the athletes and coaches of the Seccina Memorial High School sports teams. All coaches must be trained in screening athletes and other coaches for signs/symptoms of COVID-19 by Franciscan Health Sports Medicine Trainer Brooke Taylor. All coaches and the Athletic Trainer will be trained by the Athletic Director in proper and approved disinfecting techniques and products. Seccina's Facilities Manager will train the Athletic Director in proper and approved disinfecting techniques and products. Recommendation and guidance from the CDC and the EPA will be followed for disinfecting equipment. Shared equipment will be used and disinfected based upon guidance given in the [IN-CLASS documentation](#) (pg. 19-20) by the Indiana Department of Education.

In addition to the above rules, the following apply:

- The head coach is responsible for checking attendance and responses to the submitted at-home screening questions.
- The head coach is responsible for pairing/grouping team athletes.
- The head coach is responsible for ensuring that all equipment used, including basketballs, are disinfected prior to and after team usage of equipment.
- If the team uses the weight room, the Head coach is responsible for ensuring or performing the act of disinfecting the weight room equipment after each use.
- If weather permits, conditioning must be conducted outside.



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Cross Country

The following rules, in addition to what is detailed above, are required to be followed by the athletes and coaches of the Seccina Memorial High School sports teams. All coaches must be trained in screening athletes and other coaches for signs/symptoms of COVID-19 by Franciscan Health Sports Medicine Trainer Brooke Taylor. All coaches and the Athletic Trainer will be trained by the Athletic Director in proper and approved disinfecting techniques and products. Seccina's Facilities Manager will train the Athletic Director in proper and approved disinfecting techniques and products. Recommendation and guidance from the CDC and the EPA will be followed for disinfecting equipment. Shared equipment will be used and disinfected based upon guidance given in the [IN-CLASS documentation](#) (pg. 19-20) by the Indiana Department of Education.

In addition to the above rules, the following apply:

- The head coach is responsible for checking attendance and responses to the submitted at-home screening questions.
- The head coach is responsible for pairing/grouping team athletes.
- The head coach is responsible for ensuring that all equipment used is disinfected prior to and after team usage of equipment.
- If the team uses the weight room, the Head coach is responsible for ensuring or performing the act of disinfecting the weight room equipment after each use.
- If weather permits, conditioning must be conducted outside.



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Football

The following rules, in addition to what is detailed above, are required to be followed by the athletes and coaches of the Seccina Memorial High School sports teams. All coaches must be trained in screening athletes and other coaches for signs/symptoms of COVID-19 by Franciscan Health Sports Medicine Trainer Brooke Taylor. All coaches and the Athletic Trainer will be trained by the Athletic Director in proper and approved disinfecting techniques and products. Seccina's Facilities Manager will train the Athletic Director in proper and approved disinfecting techniques and products. Recommendation and guidance from the CDC and the EPA will be followed for disinfecting equipment. Shared equipment will be used and disinfected based upon guidance given in the [IN-CLASS documentation](#) (pg. 19-20) by the Indiana Department of Education.

In addition to the above rules, the following apply:

- The Head coach is responsible for checking attendance and responses to the submitted at-home screening questions.
- The Head coach is responsible for pairing/grouping team athletes.
- The Head coach is responsible for ensuring that all equipment used, including balls, are disinfected prior to and after team usage of equipment.
- If the team uses the weight room, the Head coach is responsible for ensuring or performing the act of disinfecting the weight room equipment after each use.
- If weather permits, conditioning must be conducted outside.

Phase I – July 6-19

- Players are limited to t-shirt, shorts, and shoes/cleats. No protective equipment is to be used.
- No physical contact
- Players will be divided into freshman/sophomore and junior/senior groups. One group will be in the weight room while the other is on the practice field. Halfway through the allotted practice time they will alternate.
- Coach Hurrle and Coach Dugan will monitor and be responsible for weight room disinfecting on Mondays.
- Coach Hurrle and Coach Whittemore will monitor and be responsible for weight room disinfecting on Wednesdays.

Phase II, Part I – July 20 – August 2

- Locker rooms are closed.
- Players are limited to t-shirt, shorts, and shoes/cleats during Phase I. No protective equipment.
- Players will be divided into freshman/sophomore and junior/senior groups. One group will be in the weight room while the other is on the practice field. Halfway through the allotted practice time they will switch.
- Coach Hurrle and Coach Dugan will monitor and be responsible for weight room disinfecting on Mondays and Wednesdays
- Coach Hurrle and Coach Whittemore will monitor and be responsible for weight room disinfecting on Tuesdays and Thursdays.

Phase II, Part II – August 3-14 – START OF FALL PRACTICE

- Locker Rooms will be open to 50% capacity and physical distancing will be enforced.
- Players will be allowed to be in full equipment as allowed by the IHSAA guidelines.
- Players will be allowed to shower at school.
- Coaches will disinfect the players lockers and equipment after each practice. Custodial staff will disinfect the locker room floors nightly.

Phase III – August 15

- Athletic contests can begin with physical distancing guidelines.



Boys and Girls Soccer

The following rules, in addition to what is detailed above, are required to be followed by the athletes and coaches of the Seccina Memorial High School sports teams. All coaches must be trained in screening athletes and other coaches for signs/symptoms of COVID-19 by Franciscan Health Sports Medicine Trainer Brooke Taylor. All coaches and the Athletic Trainer will be trained by the Athletic Director in proper and approved disinfecting techniques and products. Seccina's Facilities Manager will train the Athletic Director in proper and approved disinfecting techniques and products. Recommendation and guidance from the CDC and the EPA will be followed for disinfecting equipment. Shared equipment will be used and disinfected based upon guidance given in the [IN-CLASS documentation](#) (pg. 19-20) by the Indiana Department of Education.

In addition to the above rules, the following apply:

- The Head coach is responsible for checking attendance and responses to the submitted at-home screening questions.
- The Head coach is responsible for pairing/grouping team athletes.
- The Head coach is responsible for ensuring that all equipment used, including soccer balls, are disinfected prior to and after team usage of equipment.
- If the team uses the weight room, the Head coach is responsible for ensuring or performing the act of disinfecting the weight room equipment after each use.
- If weather permits, conditioning must be conducted outside.



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Boys Tennis

The following rules, in addition to what is detailed above, are required to be followed by the athletes and coaches of the Seccina Memorial High School sports teams. All coaches must be trained in screening athletes and other coaches for signs/symptoms of COVID-19 by Franciscan Health Sports Medicine Trainer Brooke Taylor. All coaches and the Athletic Trainer will be trained by the Athletic Director in proper and approved disinfecting techniques and products. Seccina's Facilities Manager will train the Athletic Director in proper and approved disinfecting techniques and products. Recommendation and guidance from the CDC and the EPA will be followed for disinfecting equipment. Shared equipment will be used and disinfected based upon guidance given in the [IN-CLASS documentation](#) (pg. 19-20) by the Indiana Department of Education.

In addition to the above rules, the following apply:

- The Head coach is responsible for checking attendance and responses to the submitted at-home screening questions.
- The Head coach is responsible for paring/grouping team athletes.
- The Head coach is responsible for ensuring that all equipment used, including balls and racquets, are disinfected prior to and after team usage of equipment.
- If the team uses the weight room, the Head coach is responsible for ensuring or performing the act of disinfecting the weight room equipment after each use.
- If weather permits, conditioning must be conducted outside.



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Volleyball

The following rules, in addition to what is detailed above, are required to be followed by the athletes and coaches of the Seccina Memorial High School sports teams. All coaches must be trained in screening athletes and other coaches for signs/symptoms of COVID-19 by Franciscan Health Sports Medicine Trainer Brooke Taylor. All coaches and the Athletic Trainer will be trained by the Athletic Director in proper and approved disinfecting techniques and products. Seccina's Facilities Manager will train the Athletic Director in proper and approved disinfecting techniques and products. Recommendation and guidance from the CDC and the EPA will be followed for disinfecting equipment. Shared equipment will be used and disinfected based upon guidance given in the [IN-CLASS documentation](#) (pg. 19-20) by the Indiana Department of Education.

In addition to the above rules, the following apply:

- The Head coach is responsible for checking attendance and responses to the submitted at-home screening questions.
- The Head coach is responsible for paring/grouping team athletes.
- The Head coach is responsible for ensuring that all equipment used, including balls, are disinfected prior to and after team usage of equipment.
- If the team uses the weight room, the Head coach is responsible for ensuring or performing the act of disinfecting the weight room equipment after each use.
- If weather permits, conditioning must be conducted outside.

Should you have any questions or concerns, please contact athletic director Jason Kehrer, interim principal David Dellacca, and/or president Joe Therber at any time.

Office of the Athletic Director.....317-356-6377 ext. 1111 (jkehrer@scecina.org)
Office of the Principal317-356-6377 ext.1116 (ddellacca@scecina.org)
Office of the President.....317-356-6377 ext.1301 (jtherber@scecina.org)

Thank you very much for reviewing and abiding by these rules and expectations for the health and safety of everyone in our community.



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